# vegan menu



## 4-course experience

45.95 per person

Courses are also offered a la carte.

## cheese fondue

Served with french bread, pretzel bread, apples and veggies. (474 cal) Gluten-free dippers available upon request.

VEGAN CHEESE FONDUE (275 cal) GF 10.95 per person Cheddar Style Shreds | Redbridge Gluten-Free Beer | Garlic | Spices

## farm fresh salads

Served with your choice of Housemade Raspberry Walnut Vinaigrette or Oil & Balsamic.

### VEGAN HOUSE

(91-165 cal) GF 6.75 per person Romaine | Iceberg | Tomatoes | Scallions

### VEGAN CALIFORNIA

(89 cal) **GF** 6.75 per person Mixed Greens | Tornatoes

### entrée

VEGAN GOOD EARTH (334-360 cal) 26.95 per person Onion Rings | Artichoke Hearts | Vegetable Polpettes | Fresh Asparagus | Ginger Teriyaki Tofu | Mushroom Caps GF without ginger teriyaki tofu and vegetable polpettes

## cooking styles

### VEGAN BOURGUIGNONNE GF

European Style | Canola Oil

#### CAST IRON GRILL GF

**Tabletop Grilling** 

#### MOJO GF

Caribbean-Inspired | Garlic | Cilantro | Citrus

### COURT BOUILLON GF

Seasoned Vegetable Broth

## chocolate fondue

Served with fresh strawberries, bananas, pineapple, blackberries and raspberries. (57 cal)

### VEGAN CHOCOLATE FONDUE (360 cal) GF 10.95 per person

Dark Chocolate

GF gluten-free item

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Before placing your order, please inform your server if a person in your party has a food allergy or is gluten-free. Our canola oil is cholesterol free and contains 0g of trans fat. This menu and the information on it is provided by The Melting Pot, in cooperation with the Gluten Intolerance Group (GIG), as a service to our guests. The Melting Pot and GIG assume no responsibility for its use and the information which has not been verified by The Melting Pot. Guests are encouraged, to their own satisfaction, to consider this information in light of their individual requirements and needs. Updated May 2019.